



Tuesday 11 April 2017

## Know your health service options this Easter

There is always extra pressure on Emergency services over bank holidays with many people choosing to visit A&E, when there are a number of other health services available.

The extra-long bank holiday weekend means that some NHS services, like GP practices and dentists, will close on Thursday evening (13 April) and won't open again until Tuesday morning (18 April). So it's important to get organised and think ahead. Contact your GP practice or visit their website to find out practice opening times.

Many minor complaints such as coughs and colds can be treated by staying at home, getting plenty of rest and making sure you have a well-stocked medicine cabinet.

Your local pharmacist can give expert, confidential advice or medicines for minor ailments such as coughs and colds, tummy troubles and much more. There are Pharmacies open most days over the extended bank holiday weekend, so make sure you check out your local pharmacy opening times, these are available on any of the three CCG websites.

You can call 111, the free NHS Service, 24 hours a day, 365 days a year for fast medical advice when it's not an emergency. This can include arranging an out-of-hours GP appointment.

Minor Injury Units (MIUs) offer fast, convenient and expert care for minor conditions including cuts, grazes, sprains and burns.

There are five MIUs across Worcestershire:

- **Bromsgrove** - Princess of Wales Community Hospital, Stourbridge Road, Bromsgrove, B61 0BB, open 8am-8pm Monday-Friday and 12pm-8pm Saturday, Sunday and Bank Holidays
- **Evesham** - Evesham Community Hospital, Waterside, Evesham, WR11 1JT, open 9am-9pm

- **Kidderminster** – Kidderminster Hospital, Bewdley Road, Kidderminster, DY11 6RJ, open 24 hours a day
- **Malvern** - Malvern Community Hospital, 185 Worcester Road, WR14 1EX, open 9am-9pm
- **Tenbury** – Tenbury Community Hospital, Worcester Road, Tenbury Wells, WR15 8AP, open 9am-9pm.

To get more information, you can find A&E and Minor Injuries Unit waiting times on the Worcestershire Acute Hospitals NHS Trust website [www.worcsacute.nhs.uk/waiting](http://www.worcsacute.nhs.uk/waiting).